



**Zenda Crowley**

**From:** Zenda Crowley  
**Sent:** 18 February 2010 11:46  
**To:** Zenda Crowley  
**Subject:** Hosca Management Consultants Newsletter Volume 2 Number 1

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	<h1>HOSCA</h1> <p>management consultants</p>		<p>WE SEE THINGS FROM T CLIENT'S PERSPECTI</p>
<p>February, 2010</p>	<p>VOLUME 2, NUMBER 1 - Lean &amp; Green issue</p>	<p><b>Contents</b></p>	
<p><b><u>HOSCA News</u></b></p>		<p>1. Hosca News</p>	
<p><b>Lean, Green &amp; Resilient</b></p>		<p>2. Upcoming Events</p>	
<p>Commentators are predicting improvements in the Irish economy for the second half of 2010. It looks like the year will start tough but can gradually improve. In keeping with this Hosca has now added to its Lean offering by adding a Green dimension. Recent research has allowed us to combine tools derived from improvement techniques and environmental engineering. This blended approach provides savings of time and money in processes and energy consumption. The Lean &amp; Green offering is captured on our Hosca <a href="#">Lean &amp; Green Webpage</a></p>		<p>3. Mr. Gadget</p>	
<p>To complement the new service, we are also working with Carbon Crowley to provide a range of low energy, CO2 free products. See these innovative products at <a href="#">Crowley Carbon</a>. Some of our clients continue to invest in improvement activities and training: Hosca is delighted to be working with Sanofi Aventis, NCHE, The Sisters of Nazareth and Bewleys.</p>		<p>4. Book Review</p>	
<p>Many of our old and new clients are showing remarkable resilience in this difficult period. If you are interested in testing your mental toughness have a look at <b>MTQ48</b>. It has been specifically designed to enable organisations to understand what their people need to do to repond more effectively to the pressures in today's world of work. The results include better bottom line performance, improved morale and a better working environment, better ability to recruit people who can make it and reduced risk of stress related claims and awards. Contact <a href="mailto:lisakenna@hosca.ie">lisakenna@hosca.ie</a> for more details.</p>			
<p><b><u>Upcoming Events</u></b></p>			
<p>Last year we ran very successful Lean &amp; Green Seminars in Stewarts Hospital, Palmerstown, Dublin. It is the intention to run a series of these</p>			

over 2010 throughout the country in conjunction with Chambers Ireland. Look out for a separate email that will provide details on this.

### **NCHE Courses available**

Hosca has been working with The National College of Healthcare Education to develop a new curriculum for Nursing Homes and Home Care providers. Included in this are a range of courses suitable for any organisation. These include Manual Handling, First Aid and CPR.

For further details visit <http://www.nche.ie/> or contact [lisakenna@hosca.ie](mailto:lisakenna@hosca.ie)

### **Mr. Gadget**



In keeping with our need to conserve energy we are recommending Crowley Carbons new **Wireless Electricity Monitor**. For only €50 + VAT you can take control of your energy use. The wireless electricity monitor displays instant power, costs and estimated CO2 emissions, as well as historical and average data. Discover and reduce the size of your carbon footprint in both your home and office. Contact [davinacummins@hosca.ie](mailto:davinacummins@hosca.ie) for more info.

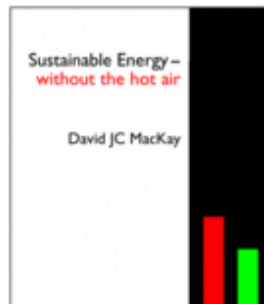
### **Book Review**

#### **Sustainable Energy ~ Without the Hot Air by David JC MacKay**

"This is a great book for dipping into for anyone who has an interest in sustainable energy." - *Gerry Shaw, Hosca Lean & Green.*

"If someone wants an overall view of how energy gets used, where it comes from, and the challenges in switching to new sources, this is the book to read." - *Bill Gates, Chairman, Microsoft.*

"A tour de force... As a work of popular science it is exemplary... For anyone seeking a deeper understanding of the real problems involved it is the place to start." - *ecomomist.com*



**Review** - This book is an essential resource for understanding energy policy as it relates to conservation and to renewable resources. This is how environmental science should be communicated; crystal clear text and honest graphs, with simplified theory and ballpark calculations that anyone can follow, backed up by empirical data as a check on results. real examples. frequent references, and explanations of limitations.

This book puts real numbers to a lot of hand-waving arguments which are used to justify grandiose claims made for different renewable energy sources or to imply that we could save the world if we all just unplugged our obile phone chargers.

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